

Dr. Ferre's
Optimal Health

Feminence™

For Hot Flash Support*



Supplement Facts:

Serving Size 2 Tablets

Serving Per Container 30

	Amount Per Serving		% Daily Dose
Vitamin D-3 as cholecalciferol	700	IU	175%
Iodine from kelp & potassium iodide	200	mcg	133%
Zinc from picolinate, Krebs acids & citrate	7	mg	47%
Selenium from Methylselenocysteine	70	mcg	100%
Manganese from citrate, glycinate, aspartate, Amino Acid Chelate	1	mg	50%
Soy 40% isoflavone, Non-GMO	400	mg	+
Red clover leaves & flower std. to isoflavones & Biochanin-A	100	mg	+
Black cohosh rhizome std. to 27deoxyacteine	40	mg	+
Green tea leaf, 45% EGCG, 95% polyphenols	460	mg	+
Boron from citrate, glycinate, aspartate, Amino Acid Chelate	3	mg	+
Strontium from aspartate, citrate, carbonate	450	mg	+
IndolePhase Complex	315	mg	+

+ Daily Value (DV) Not Established

IndolePhase Complex: DIM (diindolylmethane), I3C (indole-3-carbonil), Curcumin 95% from turmeric root, Ascorbigen, Broccoli isothiocyanate/indole complex, Red wine & Grapeseed extract complex, Rutin, Hesperidin, Bamboo extract (70% silica, Bambusa vulgaris stem).

Other Ingredients: Vegetable stearines, Stearates, Cellulose gum, Vanillin, Citrus & other natural flavors, Silicates, and Silicon dioxide.

Suggestion Dose: Two tablets daily.

Patient Benefits:

Feminence™ is an all natural women's health formula designed to support **Feminine Hormonal Balance, Bone Health** and **Detoxification Processes** for women past child bearing age.*

Feminence™ simplifies nutritional supplementation by enabling women to replace at least **FIVE** separate products typically recommended to support youthfulness and well being, with just **ONE** product.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnosis, treat, cure or prevent any disease.

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Natural Hormonal Balance

These natural ingredients are referenced in scientific literature for their ability to support healthy bone density and hormonal balance. They are typically purchased separately but now available in **ONE** product, making **Feminence™** convenient, easy to take.*

- Non-GMO Soy isoflavone aglycones (Genistin, NOT Genistin)
- Red clover isoflavones with Biochanin-A
- Black cohosh standardized to 27-deoxyacteinine (not just ground root or leaves)
- IndolePhase Complex providing DIM, I3C, Ascorbigens & Isothiocyanates
- Iodine from Kelp & Potassium Iodide

Bone Health Support

Preserving bone health after child bearing years is an important step in securing a healthful and graceful aging process. **Feminence™** contains

these valuable ingredients known to support bone density mineralization*:

- Vitamin D3
- Strontium
- Boron
- Silicon from Bamboo extract
- Zinc
- Selenium
- Manganese

Antioxidant-Rich Base

The unique combination of ingredients in **Feminence™** provides natural antioxidants to support detoxification processes throughout the body. Antioxidants also support both hormonal balance and bone health.* **Feminence™** contains antioxidants derived from:

- Green Tea EGCG (Epigallocatechin Gallate)
- Curcumin from Turmeric
- Red wine extract
- Grape seed extract
- Rutin/Hesperidin complex

Each ingredient in **Feminence™** has been qualified by published scientific research studies suggesting one or more benefits for maintaining **Optimal Feminine Health.**

Soy Isoflavones	Supports Bone Health
Red clover isoflavones	Supports Bone Health
Vitamin D3	Supports Bone Health
Boron	Supports Bone Health
Strontium	Supports Bone Health
Manganese	Supports Bone Health
Zinc	Supports Bone Health
Rutin	Supports Bone Health
Silica from Bamboo stem extract	Supports Bone Health
Hesperidin	Supports Bone and Vascular Health
Red wine extract	Supports Bone and Vascular Health
Selenium from Methylselenocysteine	Supports Bone Health, Detoxification and Thyroid Health
Iodine	Supports Thyroid Health
Green tea leaf catechins and polyphenols	Antioxidants/Detoxification Support
Grape seed extract	Antioxidants/Detoxification Support
Black cohosh rhizome	Supports Healthy Hormone Balance
DIM	Supports Detoxification and Healthy Hormone Balance
I3C	Supports Detoxification and Healthy Hormone Balance
Ascorbigen	Supports Detoxification and Healthy Hormone Balance
Dietary indoles from broccoli	Supports Detoxification and Healthy Hormone Balance
Curcumin from turmeric root	Supports Detoxification and Healthy Hormone Balance

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