

# Dr. Ferre's Optimal Health



## Chewable Multi *Plus* Outrageous Multi Vitamin All Natural Orange Flavor

### Patient Benefits:

**Chewable Multi *Plus*** is a high quality multiple vitamin and mineral supplement with excellent nutrient bioavailability designed especially for children or for those adults who prefer a chewable tablet.

- Provides an essential, comprehensive foundation for optimal health in a delicious chewable form.\*
- Delivers highly absorbable amino acid chelates, ratio-balanced B vitamins, and broad-spectrum antioxidant protection.
- Contains Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids for balanced antioxidant protection.\*

**Iron Warning:** *Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.*

**Vitamin A Warning:** *Excess Vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 5,000 IU of pre-formed vitamin A (retinyl acetate or retinyl palmitate) per day. It is also recommended that children under four should not regularly consume more than 2,500 IU per day.*

### Supplement Facts:

**Serving Size:** 1 Tablet

**Servings Per Container:** 90

	Amount Per Serving	% Daily Value for Children Under 4 Years of Age	% Daily Value for Adults and children 4 or More Years of Age
Vitamin A	2500 IU	100%	50%
Vitamin C	100 mg	250%	167%
Vitamin D	100 IU	25%	25%
Vitamin E	20 IU	200%	67%
Thiamin	1.4 mg	200%	93%
Riboflavin	1.6 mg	200%	94%
Niacin	20 mg	222%	100%
Vitamin B6	1.4 mg	200%	70%
Folate (as folic acid)	300 mcg	150%	75%
Vitamin B12	6 mcg	200%	100%
Biotin	38 mcg	25%	13%
Pantothenic Acid	10 mg	200%	100%
Calcium	15 mg	2%	2%
Iron (as iron glycinate)	2 mg	20%	11%
Iodine (as potassium iodide)	70 mcg	100%	47%
Magnesium	15 mg	8%	4%
Zinc (as zinc gluconate)	2 mg	25%	13%
Copper (as copper lysinate)	100 mcg	10%	5%
Manganese	200 mcg	+	10%
Quercetin	2 mg	+	+
Alpha-Carotene	13 mcg	+	+
Cryptoxanthin	4 mcg	+	+
Zeaxanthin	2 mcg	+	+
Lutein	2 mcg	+	+

+ Daily Value (DV) Not Established

**Other Ingredients:** Fructose, Xylitol, Sorbitol, Stearic acid, Natural flavors, Silica, Licorice extract, Guar gum, Malic acid, and Citric acid.

### Suggested Dose:

Children two to four years: One tablet daily.

Children four to seven years: One tablet one to two times daily.

Adults or Children over seven: One tablet three times daily.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnosis, treat, cure or prevent any disease.

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