

B-Calm+

Relaxation Support*



Patient Benefits:

B-Calm+ is formulated to support a sense of tranquility in those who may feel worried or nervous by beneficially modulating the balance between the calming influence of **GABA** and the excitatory effects of **glutamate**.*

- Supports a sense of tranquility by modulating the balance between glutamate and GABA with NAC, green tea catechins, and vitamin B6*
- Helps protect nerve cells from the excitotoxic effects of excess glutamate and other pro-oxidant influences with taurine and EGCG.*
- Supports relaxation and a sense of calm with magnesium and vitamin B6.*
- Designed to act centrally, within the brain, this formula features the amino acids NAC and taurine-which research suggests may be able to cross the blood-brain barrier.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnosis, treat, cure or prevent any disease.

Supplement Facts:

Serving Size 4 Capsules

Serving Per Container 30

	Amount Per Serving	%Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	25mg	1250%
Magnesium (as magnesium malate)	200mg	50%
Taurine	1000mg	+
N-Acetylcysteine	600mg	+
Green Tea Leaf Extract, Decaffeinated (<i>Camellia sinensis</i>) [Standardized to 60% (180 mg) catechins, 40% (120 mg) epigallocatechin gallate (EGCG)]	300mg	+

+Daily Value (DV) Not Established.

Other Ingredients: Microcrystalline cellulose, silica, magnesium stearate, and hydroxypropyl methylcellulose.

Suggestion Dose: Four capsules daily.

Warning: Do not use if pregnant or nursing. If you have congestive heart failure, kidney disease, or are taking medication-including anticoagulants-consult your healthcare practitioner before use. Maintain adequate fluid intake while taking this product.