

B-Complex *Plus*

Well-Balanced B-Complex Formula *



Patient Benefits:

B-Complex *Plus* is a new paradigm product designed to deliver important multi-source minerals that dissolve easily and clearly in water to create a concentrated ionic mineral infusion complexed with plant-source probiotics that support healthy beneficial intestinal flora.

- Promotes healthy homocysteine metabolism, energy levels, hormone balance, and a healthy stress response.*
- Supports normal growth and development.*
- Features ActiFolate®, a proprietary blend of active folates that includes 5-formyl tetrahydrofolate, L-5-methyl tetrahydrofolate, and folic acid for greater bioavailability.
- Suitable for vegetarians.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnosis, treat, cure or prevent any disease.

Supplement Facts:

Serving Size: 1 Tablets

Servings Per Container: 60

	Amount Per Serving	% Daily Dose
Vitamin C (as ascorbic acid)	125 mg	208%
Thiamin (as thiamin mononitrate)	14 mg	933%
Riboflavin	16 mg	941%
Niacin (as niacinamide and niacin)	200 mg	1000%
Vitamin B6 (as pyridoxine HCl)	22 mg	1100%
Folate (as folic acid, L-5-methyl tetrahydrofolate, 5-formyl tetrahydrofolate)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	250 mcg	4167%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	75 mg	750%
Choline (as choline bitartrate)	100 mg	+
Inositol	94 mg	+
<i>para</i> -Aminobenzoic Acid (PABA)	15 mg	+

+ Daily Value (DV) Not Established

Other Ingredients: Microcrystalline cellulose, Stearic acid, Silica, Magnesium stearate, and Coating (Deionized water, Microcrystalline cellulose, Polyethelene glycol, and Carrageenan).

Suggested Dose: One tablet twice daily.